

# **Lesson 1 - Introduction to Chaplaincy**

· Pastor vs Chaplain · Chaplains in Law Enforcement Fire Chaplain Overview · Prison Ministry Overview · The Hospital Chaplain Overview · The Hospice Chaplain Overview · The Corporate Chaplain Overview · The Three Levels of Chaplaincy · Ecclesiastical Endorsement · The Professional Paid Chaplain · The Volunteer / Reserve Chaplain · Visitation Chaplains

# Lesson 2 - Chaplain/Volunteers in the Prisons

- · When Arrested · Maximum Security Inmates · Comparative Chaplain Duties
- · Prison Rape Elimination Act (PREA) · Preservation of Evidence · Communicating with the Victim · The Anatomy of a Setup · How to Prevent Boundary Violations · Self-Evaluation

## Lesson 3 - Emergency Service Chaplain

· Agency Confidentiality · A Ministry of Presence · Comfort during Crisis and Trauma · Officer Involved Shootings · In the Line of Duty Death · Visit Sick or Injured · Callouts and War-Bags · Crisis Intervention Overview · Notifying next-of-kin in death · Victim Assistances · Spiritual Guidance and Care · Special Event

#### **Lesson 4 - Emergency Protocols**

 $\cdot$  Command Structure  $\cdot$  Emergency Call Outs  $\cdot$  Providing information  $\cdot$  Incident Command Protocols  $\cdot$  Prison Riots  $\cdot$  Arriving on the scene of a Traffic Accident  $\cdot$  The Communicating the right way  $\cdot$  Ride Along  $\cdot$  Radio Traffic

#### **Lesson 5 - Confidentiality and Ethics**

 $\cdot$  Confidentiality - Case History  $\cdot$  Mandated Reporter  $\cdot$  Gratuity and Favors  $\,\cdot$  Chaplain Badge and Uniform

## Lesson 6 - Dealing With Suicidal People Suicide Callouts and on Scene Protocols

· The Jumper or Man with a Gun · Attempted Suicide - Do's & Don'ts · Zone of Safety · Common Misconceptions about Suicide · Asking Key Questions · Look for warning signs

## Lesson 7 - Death Notifications in Person

· Time and Certainty · Notifications in Pairs · Use Plain Language · Compassion during Crisis · What not to say · Viewing the body · Work Place Notifications · Hospital Notifications · Debrief the Chaplain · Notification Specific to Suicide · Survivors Response

#### **Lesson 8 - Biblical Counseling Overview**

 $\cdot$  Spiritual Counseling vs. Psychology  $\cdot$  Common Reasons for Counseling  $\cdot$  Two Reasons for Seeking Counseling  $\cdot$  Two goals in Biblical counseling  $\cdot$  Two Major Types of Counselee  $\cdot$  The Five –Step of Biblical Counseling



#### Lesson 9 - Establishing Relationships

· The Three Building Blocks of Relationship Building · How to empathize with others · Use Non-Verbal Communication

# Lesson 10 - Anger/Guilt and Conscience

· The Definition of Guilt · The Definition Conscience · Identifying Feelings of Anger

## **Lesson 11 - Gathering Information**

· Listening and Observing the Counselee · The Need to Gather Facts · Digging Deeper · Active Listing · Listen Beyond Attitudes and Feelings · Control the Flow of the Talk

## Lesson 12 - Pa Linguistic Communication (Halo Data)

· What is Halo Data? · Learning about a Person from Body Language · Material for Questions · Productive Questioning

# Lesson 13 - Personal Data Inventory Forms (PDIF)

· Information Collection Tools · Personal Data Inventory Form (PDIF) · Marriage and Family Information · Discovering Problem Patterns (DPP) · Taking Thoughts Captive Worksheet

## **Lesson 14 - Biblical Process of Change**

· Carnal Feelings vs. God's Will · Taking Responsibility · Elements of True Repentance · Renewal of Mind · Maintaining Change

#### **Lesson 15 - Critical Situational Stress**

 $\cdot$  Dealing with a Recent Death  $\cdot$  What is Critical Situational Stress?  $\cdot$  Counseling during Critical Stress  $\cdot$  Preparatory Checklist for Debriefing  $\cdot$  Phases of Debriefing  $\cdot$  Common Immediate Stress Reactions  $\cdot$  Symptoms during a Crisis

#### Lesson 16 - Traumatic Stress Reactions and Children

 $\cdot$  Three Basic Postures  $\cdot$  Key Points when Dealing with Children's Grief  $\cdot$  Children / Post Crisis Behaviors  $\cdot$  Symptoms from Crisis  $\cdot$  Ways Parents Can Help Their Children

## Lesson 17 - Grief and Bereavement

· Grief comes in Waves · Obsession with the Death · Definitions, a quick checklist · Reactions to Grief · When to Make a Referral

## **Lesson 18 - Healing Conversations**

 $\cdot$  Four steps to the Conversation Process  $\cdot$  What to do when Counseling the bereaved  $\cdot$  Communicating with those in Grief  $\cdot$  What to Say and What not to Say

## **Lesson 19 - Preparing for Approaching Death**

· If they die today, are they ready to meet Jesus? · Normal Physiological Signs and Symptoms during the · Final Stages of Life · Giving Permission · Saying Good-Bye · Bedside manners · Things to Know About the Dying · Habits of Effective Comforters